

Lindsay Lightningbolts Swim Club

RECORDS CLUB RECORDS

SC Meters-Female

9-10	50 Free	32.06	7-Jun-02	Shelby Montgomery	Long Course
	100 Free	1:13.07	28-Jun-14	Rachel Chayer	Long Course
	200 Free	2:40.74	7-Jun-02	Shelby Montgomery	
	400 Free	5:35.13	15-Feb-14	Rachel Chayer	
	100 Back	1:25.01	7-Jun-02	Shelby Montgomery	
	200 Back	3:06.88	7-Jun-02	Shelby Montgomery	
	100 Breast	1:30.23	24-Feb-84	Nancy Sweetnam	Long Course
	100 Fly	1:22.34	5-May-84	Nancy Sweetnam	Long Course
	200 IM	2:53.28	24-Feb-84	Nancy Sweetnam	
	11-12	50 Free	29.18	23-May-86	Nancy Sweetnam
100 Free		1:03.46	23-Apr-04	Shelby Montgomery	Long Course
200 Free		2:19.31	22-Mar-86	Nancy Sweetnam	
400 Free		5:03.24	3-Mar-94	Tracy-Lynn Imrie	
800 Free		10:21.30	22-Mar-86	Nancy Sweetnam	
100 Back		1:10.48	23-Apr-04	Shelby montgomery	
200 Back		2:37.19	1-Mar-04	Shelby Montgomery	
100 Breast		1:18.43	20-Jul-86	Nancy Sweetnam	Long Course
200 Breast		2:46.35	22-Nov-86	Nancy Sweetnam	Long Course
100 Fly		1:09.90	8-Jul-94	Tracy-Lynn Imrie	Long Course
200 Fly		2:54.89	1-Apr-86	Nancy Sweetnam	
200 IM		2:30.73	20-Jul-86	Nancy Sweetnam	Long Course
400 IM		5:20.60	20-Jul-86	Nancy Sweetnam	Long Course
13-14	50 Free	28.89	22-Apr-05	Shelby Montgomery	Long Course
	100 Free	58.01	27-Feb-88	Nancy Sweetnam	
	200 Free	2:15.46	3-Mar-95	Tracey-Lynn Imrie	
	400 Free	4:45.15	29-Feb-96	Tracey-Lynn Imrie	
	800 Free	10:05.57	12-Jan-96	Tracey-Lynn Imrie	
	1500 Free	21:36.19	4-Apr-14	Erika Rankin	
	100 Back	1:08.23	30-Jun-88	Nancy Sweetnam	Long Course
	200 Back	2:30.63	5-Mar-93	Miranda Rose	
	100 Breast	1:11.77	23-Jan-88	Nancy Sweetnam	
	200 Breast	2:37.35	23-Jan-88	Nancy Sweetnam	Long Course
	100 Fly	1:04.43	6-May-88	Nancy Sweetnam	Long Course
	200 Fly	2:23.01	27-Feb-88	Nancy Sweetnam	
	200 IM	2:19.27	23-Jan-88	Nancy Sweetnam	Long Course
	400 IM	4:54.97	23-Jan-88	Nancy Sweetnam	
	15 & O	50 Free	27.33	1-Feb-91	Nancy Sweetnam
100 Free		59.18	18-Feb-92	Hillary Stephenson	
200 Free		2:09.94	2-Nov-91	Nancy Sweetnam	
400 Free		4:39.63	1-Jan-98	Tracey-Lynn Imrie	
800 Free		9:46.07	1-Jan-98	Tracey-Lynn Imrie	
1500 Free		24:05.16	9-Jun-06	Sarah Brown	
100 Back		1:06.77	1-Feb-91	Nancy Sweetnam	
200 Back		2:27.85	2-Nov-91	Nancy Sweetnam	
100 Breast		1:09.41	20-Feb-91	Nancy Sweetnam	
200 Breast		2:28.58	20-Feb-91	Nancy Sweetnam	

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15 & O	100 Fly	1:01.78	3-Aug-90	Nancy Sweetnam	Long Course
.	200 Fly	2:20.20	11-May-90	Nancy Sweetnam	
.	200 IM	2:12.50	19-Mar-91	Nancy Sweetnam	
.	400 IM	4:45.58	13-May-92	Nancy Sweetnam	Long Course

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RECORDS CLUB RECORDS

SC Meters-Male

9-10	50 Free	31.02	19-Jun-92	Matt Rose	Long Course
	100 Free	1:10.70	28-Feb-92	Matt Rose	
	200 Free	2:24.84	8-Apr-84	Garth Scott	
	400 Free	5:29.31	5-Mar-82	Steve Sweetnam	
	100 Back	1:19.64	6-Mar-92	Matt Rose	Long Course
	200 Back	2:53.72	19-Jun-92	Matt Rose	Long Course
	100 Breast	1:24.33	5-Mar-82	Steve Sweetnam	
	100 Fly	1:18.28	3-May-92	Matt Rose	
	200 IM	2:48.82	15-Apr-82	Steve Sweetnam	Long Course
	11-12	50 Free	28.45	24-Feb-84	Steve Sweetnam
100 Free		1:02.80	7-Dec-86	Garth Scott	
200 Free		2:13.94	7-Dec-86	Garth Scott	
400 Free		4:54.00	16-Jan-87	Garth Scott	
800 Free		11:45.59	25-Oct-02	Mark Kylau	
100 Back		1:08.94	3-Mar-94	Matt Rose	Long Course
200 Back		2:29.62	3-Mar-94	Matt Rose	Long Course
100 Breast		1:18.19	24-Feb-84	Steve Sweetnam	
200 Breast		2:48.53	24-Feb-84	Steve Sweetnam	
100 Fly		1:08.41	3-Mar-94	Matt Rose	
200 Fly		2:36.70	7-Dec-86	Jared Valentic	
200 IM		2:32.95	24-Feb-84	Steve Sweetnam	
400 IM		5:28.74	3-Dec-93	Matt Rose	
13-14	50 Free	26.16	1-Dec-88	Jared Valentic	
	100 Free	56.90	1-Dec-88	Garth Scott	
	200 Free	2:03.96	1-Dec-88	Garth Scott	
	400 Free	4:29.19	1-Dec-88	Garth Scott	
	800 Free	10:28.67	1-Feb-13	Liam Geddes	
	1500 Free	18:14.88	11-Dec-98	Tyler Ward	
	100 Back	1:03.57	29-Feb-96	Matt Rose	
	200 Back	2:20.56	29-Feb-96	Matt Rose	
	100 Breast	1:12.00	6-Dec-84	Derek Angstenberger	
	200 Breast	2:39.03	22-Feb-86	Steve Sweetnam	
	100 Fly	1:03.27	23-May-86	Steve Sweetnam	
	200 Fly	2:30.72	1-Dec-88	Jaed Valentic	
	200 IM	2:24.31	29-Jun-86	Steve Sweetnam	Long Course
	400 IM	5:09.10	22-Feb-86	Steve Sweetnam	
	15 & O	50 Free	24.14	11-Apr-98	Matt Rose
100 Free		52.20	28-Feb-91	Steve Sweetnam	
200 Free		2:00.07	20-Jan-89	Steve Sweetnam	
400 Free		4:11.36	31-Jan-92	Ian Gardiner	
800 Free		8:38.57	18-Feb-92	Ian Gardiner	
1500 Free		16:15.95	18-Feb-92	Ian Gardiner	
100 Back		58.35	28-Feb-98	Matt Rose	
200 Back		2:06.75	28-Feb-98	Matt Rose	
100 Breast		1:05.30	6-Mar-92	Steve Sweetnam	
200 Breast		2:21.80	6-Mar-92	Steve Sweetnam	

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15 & O	100 Fly	55.80	28-Feb-90	Steve Sweetnam
.	200 Fly	2:20.40	6-Mar-92	Ian Gardiner
.	200 IM	2:04.09	6-Mar-92	Steve Sweetnam
.	400 IM	4:42.16	28-Jan-89	Steve Sweetnam